



Professional Education

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PRELIMINARY PROGRAMME

Sports Knee Curriculum

Soft Tissue 2 – Advanced

Expert Connect Centre, Croxley Park, UK

28 February – 1 March 2019

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Description

This advanced instructional course will focus on the more challenging ligament and patellofemoral pathologies and repair options available. Participants will hear lectures on current concepts, evidence and the latest techniques from a faculty of experts from across the UK. A large proportion of the programme is dedicated to the wet lab where there will be an opportunity for hands-on practice of advanced techniques including MCL, PCL, MPFL and Lateral sided reconstructions.

Participant profile

Consultants who have performed minimum 20 ACLS in their career to date.

Accreditation

Accredited by the Royal College of Surgeons - England.

Learning objectives

At the end of this course you will be able to:

- Describe different treatment options available for patients with knee ligament injuries
- Outline current concepts in knee repair
- Demonstrate ligament reconstruction techniques

Conveners



Mr Sam Church, MBBS BSc FRCS(Tr&Orth)
Consultant Orthopaedic Knee Surgeon – Fortius Clinic
Mr Sam Church qualified in 1995 at the Charing Cross and Westminster Medical School. He completed his registrar training in London before completing a Sports Surgery Fellowship at the Perth Orthopaedic and Sports Medicine Centre, Western Australia. He worked at the Complex Knee Unit of the Chelsea and Westminster Hospital until 2015 and then decided to pursue a career in independent practice with a specialist interest in soft tissue reconstruction of the knee in elite athletes



Mr David Houlihan-Burne, BSc. (Hons.) MB. BS. (Hons.) MRCS, FRCS (Tr&Orth)
Consultant Orthopaedic Knee Surgeon – Fortius Clinic.
Mr David Houlihan-Burne qualified from St Mary's Hospital Medical School, Imperial College in 1995. His Orthopaedic training took place in London with specialist and fellowship training in knee and sports injury surgery at Chelsea and Westminster Hospital and the Jonathan Webb Clinic, Bristol before spending a number of years working at Hillingdon Hospital NHS Trust. He is an expert in knee ligament surgery in high level athletes, cartilage replacement and regenerative

Faculty

Mr Jonathon Lavelle

MBBS FRCS (Orth.)

Consultant Orthopaedic Knee Surgeon, Fortius Clinic

Mr Simon Ball

MA FRCS (Tr & Orth)

Consultant Orthopaedic Knee Surgeon, Fortius Clinic

Mr Henry Bourke

BSc (Hons), FRCS (Tr&Orth)

Consultant Orthopaedic Surgeon, Heatherwood and Wexham Park Hospitals NHS Foundation Trust

Mr Adil Ajuied

BSc(Hons) MSc FRCS(Tr&Orth)

Consultant Specialist Knee Surgeon, Fortius Clinic

Mr Chris Connolly

BSc MB BCh BAO PhD FRCS (Tr&Orth)

Consultant Orthopaedic Surgeon, Mus-grave Park Hospital, Belfast

Mr James Robinson

FRCS(Orth) MS

Consultant Orthopaedic Knee Surgeon, International Knee and Joint Centre, Abu Dhabi, UAE; Avon Orthopaedic Centre, Bristol, UK

Mr Sanj Anand

MB ChB MRCSEd, MSc FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon, Stepping Hill Hospital, Stockport , BMI Alexandra Hospital, Cheadle and Spire Hospital, Manchester

Mr Charles Willis-Owen

BM BCh MA (Hons Oxon) MFSEM (UK) FRCS (Tr & Orth)

Consultant in Trauma and Orthopaedics, Royal Bournemouth Hospital

Thursday 28 February, 2019

| Time | Session | Speaker |
|-------|---|----------------------|
| 11:00 | Registration and coffee | |
| 11:30 | Introduction | David Houlihan-Burne |
| 11:40 | PCL | Adil Ajuied |
| 12:00 | PLC | Sanjay Anand |
| 12:20 | MCL | Simon Ball |
| 12:40 | ALL | Charles Willis-Owen |
| 13:00 | Plan for the lab – graft harvest/choice inc Quad tendon | David Houlihan-Burne |
| 13:10 | Lunch | |
| 14:00 | Lab session 1 | All Faculty |
| 16:00 | Coffee | |
| 16:30 | Assessment of multi ligament injury | Samuel Church |
| 16:50 | Multi ligament knee surgery | Charles Willis-Owen |
| 17:10 | Cases and group discussion | Samuel Church |
| 18:00 | Close | |
| 18:00 | Coach back to hotel | All |
| 20:00 | Course Dinner, TBC | All |

Friday 1 March 2019

08:30 Coach departs from hotel to Expert Connect Centre, Croxley Park, Watford, UK, WD18 8YE

| Time | Session | Speaker |
|-------|--|------------------|
| 09:0 | Coffee | All |
| 09:3 | PFJ instability | Chris Connolly |
| 09:5 | PFJ surgery (MPFL and TTT) | Samuel Church |
| 10:10 | Coffee | |
| 10:30 | Lab Session 2 | All Faculty |
| 12:30 | Lunch | |
| 13:30 | Complex meniscal injuries | James Robinson |
| 13:50 | Implants, allografts | Henry Bourke |
| 14:10 | Complex ACL reconstruction (paediatric and repair) | Jonathon Lavelle |
| 14:30 | Revision ACL | James Robinson |
| 15:50 | Coffee | |
| 15:00 | Lab Session 3 | All Faculty |
| 17:00 | Close | |

Course fee

Registration fee covers course dinner, accommodation (one night), instructional course attendance, course materials and refreshments

Course venue

Smith & Nephew Expert Connect Centre (ECC)
Croxley Park
Building 5 Hatters Lane
Watford
WD18 8YE

Hotel

Tbc

Course dinner

Tbc

Organiser

Jordanne Cummings
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